



Essex County Parks and Recreation  
205 Cross Street  
Suite A.  
P.O. Box 626  
Tappahannock, Virginia 22560

Director Fred Birchett  
804-445-0303  
[fbirchett@essex-virginia.org](mailto:fbirchett@essex-virginia.org)

Assistant Director Kay Carlton  
804-443-2470  
[kcarlton@essex-virginia.org](mailto:kcarlton@essex-virginia.org)

### Adult Coed Basketball Rules

1. The age divisions are: 18-30 and 31-Up.
2. Games and tournaments will be played at E.I.S. on Monday nights.
3. **ALL ECPS rules apply to all participants and spectators.**
4. Team Cost: County residents \$100.00 Non Residents \$135.00
5. Teams have a limit of ten players on their roster.
6. For a team to be considered County they must have a minimum of eight players who currently reside in Essex County.
7. You are not allowed to add any persons to your roster once the roster has been submitted to the ECPRD.
8. All scheduling is done through the ECPRD.
9. Numbers will be drawn before the season starts. In the event of a tie at the end of the regular season the highest number will be declared the regular season champion. All other ties will be determined using the same format.
10. Games are played under VHSL rules.
11. Games are 20 minute running clocks. The clock will ONLY stop for fouls and infractions the last two minutes of each half. There is a 5 minute half time.
12. All games must begin with five players from the team roster. Less than five is an automatic forfeit.
13. Games will begin promptly at 7:00pm-8:00pm-9:00pm.
14. There is no grace time for late arriving teams. Late teams will automatically forfeit.
15. Any cancelation due to weather or unforeseen circumstances will be rescheduled the next available playing date.
16. No persons on any VHSL, collegiate, or professional roster may participate.
17. All teams are required to wear uniform jerseys meeting VHSL requirements for numbering. Only non-marking tennis shoes are allowed.

18. In the event an official is not available, a substitute will be used who is acceptable to both managers.
19. Player behavior: Ejection carries an automatic suspension for the next two games. Ejection for fighting carries an automatic suspension for 365 days.
20. Technical fouls carry an automatic \$10.00 fine. The fine must be paid to the Program Leader before they player can return to participation.
21. The ECPRD has full authority to suspend the Adult Coed Basketball League for repeated sportsmanship violations by players and or spectators or violations of the ECPS facility use rules.

I have read the rules governing the ECPRD Adult Coed Basketball guidelines and agree to all rules and the consequences.

Name. \_\_\_\_\_

Date. \_\_\_\_\_

Team \_\_\_\_\_